

PRESS RELEASE -

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MYRIAD

5, 6, 11-13, 18-20th June 2015 @ 8:30pm

Adult \$26 Concession/MEAA \$18

Channel 9 Kevin Crease Studio,

202 Tynte St, North Adelaide



MYRIAD is an original one-woman show created by Hannah Bennett and Suzannah Kennett Lister, premiering at the Adelaide Cabaret Fringe in June 2015.

Driven by Hannah Bennett's own experiences of mental illness, **MYRIAD** aims to shed light on the daily lives and experiences of those living with anxiety and depression, lessening the stigma often experienced by those suffering from it.

MYRIAD offers more than a traditional cabaret, incorporating elements of both physical and script based theatre in order to blur the line between fiction and reality. Consisting mainly of cover songs played live during the show, and original text inspired by Hannah's experiences, **MYRIAD** will allow audiences to engage with both the familiar and the new.

MYRIAD hopes that the often stigmatized and misunderstood world of mental illness is treated with honesty, sensitivity and heart. The production aims to connect with people from varying walks of life in the hope that whether they suffer from mental illness or not, they can come to understand it and it's sufferers a little more so that those living under the thumb of anxiety and depression may not feel so alone in their experiences.

MYRIAD leaves nothing untouched. Equally comedic and tragic, dealing with life, death, and the days in between, Hannah Bennett will bring the myriad of human experiences into focus.

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*"I won't say the things,
but I'll say something
like them. A little like
screaming underwater. It
isn't what it should be.*

*But you understand it all
the same."*

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